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Some people may run into a situation where the purple or black adjuster knobs for high speed and low speed compression adjustment on their Dobinsons MRR or MRA 3-Way Adjustable remote resi shocks could get stuck or hard to turn. This is generally just due to debris or junk getting up in there and making it hard to turn, more likely to happen on rear shocks that get more road debris thrown up on them. Here's what to do if this happens to you:

1. Remove the small allen head screw in the center of the black LSC cap. Pull it up and off.
2. Remove the 3 small allen head grub screws on the sides of the purple HSC knob, pull it up and off.



- 3.
4. Once the 2 knobs are removed, you will find the piston head. Sometimes salt, sand, dirt or mud gets stuck in this area. Here's an example:



- 5.
6. Clean this surface so that it's all clear of any sand or dirt again.



- 7.
8. Use a suitable wrench to turn the exposed shaft at the base left and right, simulating turning the purple knob continuously until you start to hear the clicks inside the movement frees up.



- 9.
10. Reinstall the HSC adjuster knob with the 3 small grub screws using blue loctite. Make sure these are all the way in and the knob is pushed all the way down into the reservoir.
11. Reinstall the LSC adjuster knob with the single allen head screw, using blue loctite.
12. You'll be able to tell immediately that they should be working freely again.
13. No lubricating is necessary in these areas under the cap. The caps turn adjusters on the inside of the resi to open or close the LSC and HSC valves.